

# Patient History Sheet

First Name \_\_\_\_\_ M.I. \_\_\_\_\_ Last Name \_\_\_\_\_ DOB \_\_\_\_\_

Address \_\_\_\_\_

Home # \_\_\_\_\_ Cell# \_\_\_\_\_

E-Mail \_\_\_\_\_ Insurance \_\_\_\_\_

Primary Care Doctor \_\_\_\_\_ Name of Doctor's Office \_\_\_\_\_

Pharmacy \_\_\_\_\_

Do you Drink?  Yes  No How often? \_\_\_\_\_

Do you Smoke?  Yes  No What do you smoke? \_\_\_\_\_ How often? \_\_\_\_\_

Check off any of the following conditions you **CURRENTLY** have:

**Constitution:**

- Developmental Disabilities
- Cancer
- Fatigue Syndrome

**Ear, Nose, Throat:**

- Hearing Loss
- Sinusitis
- Dry Mouth
- Laryngitis

**Neurological:**

- Multiple Sclerosis
- Epilepsy
- Cerebral Palsy
- Tumor
- Migraine
- Autism Spectrum Disorder

**Genitourinary:**

- Kidney disease
- Prostate disease/cancer
- Benign Prostate Hypertrophy
- Pregnant
- Nursing
- STD-Herpes
- STD-Chlamydia

**Psychiatric:**

- Depression
- Attention Deficit
- Anxiety Disorder
- Bipolar Disorder

**Cardiovascular:**

- Hypertension
- Stroke/CVA
- Heart Disease
- Vascular Disease
- Congestive Heart Failure

**Respiratory:**

- Cigarette Smoker
- Asthma
- Bronchitis
- Emphysema
- Chronic Obstruction
- Sleep Apnea

**Musculoskeletal:**

- Arthritis
- Osteoarthritis
- Fibromyalgia
- Muscular Dystrophy
- Ankylosing Spondylitis
- Osteoporosis

**Gastrointestinal:**

- Crohn's
- Colitis
- Ulcer
- Acid Reflux
- Celiac Disease

**Integumentary:**

- Eczema
- Rosacea
- Psoriasis
- Herpes Simples/Cold Sores
- Herpes Zoster/Shingles

**Allergic/Immune:**

- Drug Allergies
- Environmental Allergies
- Rheumatoid Arthritis
- Lupus
- Sjogren's Syndrome

**Hematologic/Lymphatic:**

- Anemia
- Blood loss
- Hypercholesteremia

**Endocrine:**

- Type 2 Diabetes Mellitus
- Type 1 Diabetes Mellitus
- Thyroid Dysfunction
- Hormonal Dysfunction

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Please list any Allegies to Drugs:

Please list any Allergies to Foods, Insects, Enviromental,etc:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please list all of your medications including all vitamins and over-the-counter medicines:

Medication	Amount in mg, mcg, etc. of Each Pill	How Often Taken	How Many Pills
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Have you had any of the following eye conditions?

- Glaucoma Suspect       Glaucoma       Cataract       Dry Eye
- Age-related Macular Degeneration       Surgery       Patching of eye       Eye Injury
- Inflammatory Disorder       Strabismus       Amblyopia       Nystagnus
- Retinal Degeneration       Retinal Detachment       Retinal Hole       Keratoconus

Please indicate if a family member has any of the following:

- Cancer:       Father    Mother    Sister    Brother    Son    Daughter
- Diabetes mellitus first degree:       Father    Mother    Sister    Brother    Son    Daughter
- Diabetes mellitus Type 1:       Father    Mother    Sister    Brother    Son    Daughter
- Diabetes mellitus Type 2:       Father    Mother    Sister    Brother    Son    Daughter
- Hypertension:       Father    Mother    Sister    Brother    Son    Daughter
- Hyperthyroidism:       Father    Mother    Sister    Brother    Son    Daughter
- Hypothyroidism:       Father    Mother    Sister    Brother    Son    Daughter
- Cataracts:       Father    Mother    Sister    Brother    Son    Daughter
- Macular Degeneration:       Father    Mother    Sister    Brother    Son    Daughter
- Glaucoma:       Father    Mother    Sister    Brother    Son    Daughter